

Dr. Alan Wolfelt, a psychologist and grief counselor of international reputation, is Director of the Center for Loss and Life Transition in Fort Collins, Colorado. He is North America's leading authority on grief, mourning, complicated loss, and companioning the bereaved and broken-hearted. A prolific author and inspiring teacher, Dr. Wolfelt is a regular contributor to many journals and has written many helpful books, DVDs and brochures. He is committed to helping people mourn well so they can live well and love well.

Sponsored as a gift to our community by:

Pollock-Randall Funeral Home 912 Lapeer Avenue Port Huron, MI 48060 810.982.0179 pollockrandall.com

Marysville Funeral Home 1200 Michigan Avenue Marysville, MI 48040 810.364.7100 marysvillefuneralhome.com

Karrer-Simpson Funeral Home 1720 Elk Street Port Huron, MI 48060 810.985.9605 karrersimpson.com



Cordially invite you to Two Exclusive Events with

Alan D. Wolfelt, PH.D.

Tending to Your Broken Heart When Someone Dies: Hope for Your Healing **Tues. October 18, 2022** 6:00 pm - 8:00 pm **Port Huron Northern Performing Arts Center** 1799 Krafft Road, Port Huron **Free Admission**

The Art of "Companioning" the Mourner:

Caring Versus Curing

Wednesday, October 19, 2022 St. Clair Inn 500 N. Riverside Ave, St. Clair

9:00 am - 4:00 pm

Pollock-Randall, Karrer-Simpson and Marysville Funeral Homes present: Alan Wolfelt, Ph.D.

Tuesday October 18, 2022 6–8 pm at Port Huron Northern Performing Arts Center, Port Huron, Free admission – Reservations recommended

Tending to Your Broken Heart When Someone Dies: Hope for Your Healing

Dr. Alan Wolfelt is one of North America's leading counselors and the author of many best-selling books about grief. This compassionate program is designed for those who have suffered a loss and friends accompanying them on their grief journey. Dr. Wolfelt will explain how to integrate grief into life, living and loving well after loss. Topics include:

- Broken Hearts: A Broader Framework for Loss
- Exploring the Ripple Effects of Grief Loss of self, security and meaning
- Distinguishing Grief from Mourning
- Reconciliation versus Resolution
- Unique Influences on Your Grief
- Understanding Your Self-Care Essentials

Consider inviting friends who will benefit from this rare, free opportunity in Port Huron to hear Dr. Wolfelt share what he has learned over four decades of companioning thousands of people in grief. Make reservations now and plan to join us for a very special and uplifting evening.

Wednesday, October 19, 2022 9 am-4 pm at St. Clair Inn, St. Clair \$30 fee; advance reservations required

The Art of "Companioning" the Mourner: Caring Versus Curing

This is a professional workshop for nurses, hospice workers, social workers, counselors, clergy, chaplains, lay ministers and anyone caring for the bereaved. In this full-day presentation, the critical distinction between Caring and Curing will be outlined. Dr. Wolfelt will contrast his "companioning" model of grief care with a traditional "medical" model of curing or resolving grief. Learn to recognize that grief and mourning are normal and necessary experiences and are fundamental journeys of the heart and soul. We will explore:

- Does our culture value "Cure" over "Care"?
- "Companioning" versus "Treating" the Mourner
- The six universal needs of mourning
- "Shadow of the Ghosts" of Grief
- Advocating for the Slow Grief Movement

This nursing continuing professional development activity was approved by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) Approval # 2022-000000150. This activity was designated for 5 contact hours.

Approved for SW Continuing Education by the Michigan CE Collaborative: Course
Approval#041922-01. 5 CE Credit hours upon completion. Participants must provide permanent ID number.
This activity has been approved by NBCC for 5 credit hours. NBCC Approval Number: SP-3944.

Registration Form

500 N. Riverside Ave St. Clair, MI \$30.00 materials fee Continental Breakfast and Lunch included

To Register By Mail:

Mail completed form with check payable to: Pollock-Randall Funeral Home 912 Lapeer Avenue, Port Huron, MI 48060

To Register By Phone:

Call (810) 982-0179